



Saturday 2nd September 2023



SWIMMING CLASSES

Dear Parents/Carers,

We are delighted to be able to offer your child the opportunity to receive swimming lessons this half term. Please see below the following information, which outlines the arrangements for swimming lessons in school time.

The lessons will take place at the following days:

| Year Group / Class | Swimming |
|--------------------|-----------|
| Year 2 – Cherry | Thursday |
| Year 2 - Quince | Thursday |
| Year 4 – Spruce | Friday |
| Year 4 - Pine | Friday |
| Year 6 - Ash | Tuesday |
| Year 6 - Oak | Wednesday |

Additional Information:

1. **Swimming is part of the school curriculum** and children will only be excused on medical/health grounds, which are supported, by a written request and/or letter from your G.P.
2. The aim of the lessons are to **teach children to feel confident in water** and progress as far as they are able towards becoming a confident swimmer.
3. The children will receive **an hour lesson per week**. The lessons will take place in the St Katherine's swimming pool.
4. All instruction is **under the supervision of a qualified swimming instructor** (Mrs Sewell).

In readiness for their lessons the children will need:

Girls - A one-piece traditional swimming costume.

Boys - Traditional swimming trunks (not the long Bermuda variety).

- **A bath size towel.**

- **A waterproof bag/carrier to contain wet costume and towel.**

- **A swim hat.**

****Please note that children should come to school in their full school uniform and change into their swimming kits during the day.***

The following rules also apply:

- The children are **expected to behave sensibly at all times** and listen carefully to instructions.
- **Jewellery is not to be worn.**
- **No plasters/bandages** can be worn in the water.
- Goggles/nose clips are only permitted **with a letter from a parent/ carer.**
- Long hair must be **tied back.**
- Children with a verrucae can still participate if the following barriers are applied:
 - They wear a **waterproof sock.**
 - **A plaster is used to cover the verrucae**
 - **Once**
- No deodorants or talc are allowed.
- All children must wear a **swimming**. These can be **purchased for £2.50** from the school.

We do hope the above information answers any queries you may have, and that the children will enjoy their swimming lessons next term.

Children will be briefed by their teachers before their first lesson so that they fully understand what is expected of them.

The cost of the swimming lessons will be £10, which can be paid in full or in instalments via School Money.

Yours sincerely

The School Office