

St. Katherine's School and Nursery P.E. Curriculum



EYFS and KS1		Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Year R		ELG: Gross Motor Skills: Negotiate space and obstacles safely, with consideration for themselves and others, demonstrate strength, balance and coordination when playing, move energetically, such as running, jumping, dancing, hopping, skipping and climbing. CONTINUOUS PROVISION: climbing frame, scooters, tyres, balls, bean bags, basketball net, rackets, write dance scarves, stilts, hoops CURRICULUM ENHANCEMENT: dance, gymnastics, games and swimming lessons				Gymnastics/ Swimming		Gymnastics/ Swimming		Athletics/Swimming		Athletics/Swimming	
Year 1		Travelling and Moving with equipment Dance		Sending and Receiving (hands) Swimming		Sending and Receiving (feet & stick) Gymnastics		Health and Fitness Swimming		Athletics Gymnastics		Tennis Swimming	
Year 2		Travelling and Moving with equipment Swimming		Sending and Receiving (hands) Dance		Sending and Receiving (feet & stick) Swimming		Health and Fitness Gymnastics		Athletics Swimming		Striking and Fielding Gymnastics	
KS2	PE Term 1 Lesson 1: Team Theme	PE Term 1 Lesson 2: PASS	PE Term 2 Lesson 1: Team Theme	PE Term 2 Lesson 2: PASS	PE Term 3 Lesson 1: Team Theme	PE Term 3 Lesson 2: PASS	PE Term 4 Lesson 1: Team Theme	PE Term 4 Lesson 2: PASS	PE Term 5 Lesson 1: Team Theme	PE Term 5 Lesson 2: PASS	PE Term 6 Lesson 1: Team Theme	PE Term 6 Lesson 2: PASS	
Year 3	Basketball	Gymnastics	Tag Rugby	Swimming	Gymnastics	Hockey	Tennis	Swimming	Athletics	Dance	Kwik Cricket	Swimming	
Year 4	Basketball	Swimming	Tag Rugby	Dance	Gymnastics	Swimming	Tennis	Gymnastics	Athletics	Swimming	Kwik Cricket	Striking and Fielding	
Year 5	Basketball	Gymnastics	Tag Rugby	Swimming	Gymnastics	Hockey	Tennis	Swimming	Athletics	Dance	Kwik Cricket	Swimming	
Year 6	Basketball	Swimming	Tag Rugby	Gymnastics	Gymnastics	Swimming	Tennis	Lacrosse	Athletics	Swimming	Kwik Cricket	Dance	