

# Brilliant residentialials



It's time to get excited about your trip!



# Agenda – 8<sup>th</sup> May 2025

## 1. The Benefits of a Residential Trip

### 1. Why PGL?

### 2. Grosvenor Hall

### 3. Activities

### 4. Health and Safety

### 5. Example Programme

### 6. Accommodation and Sleeping Arrangements

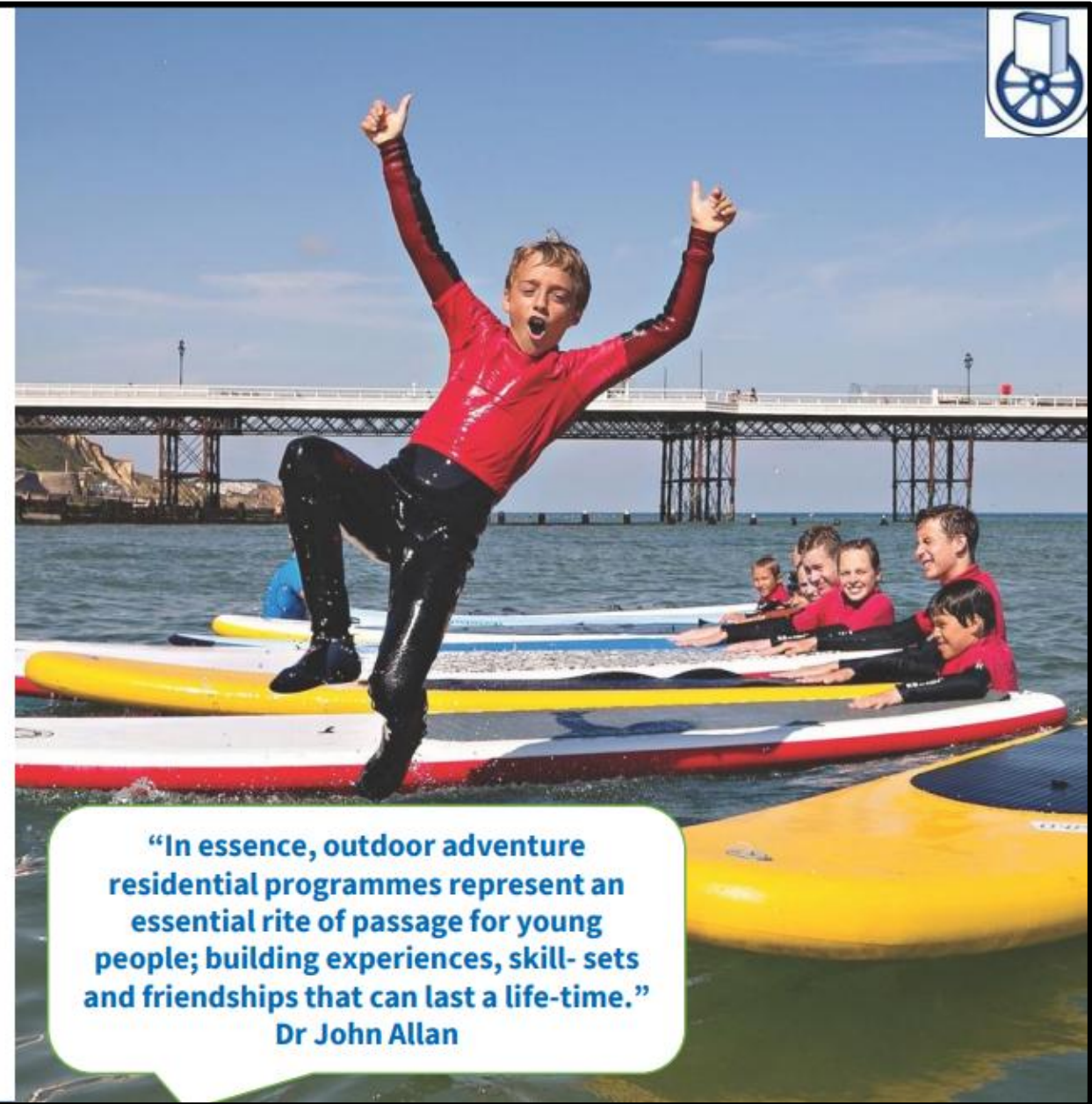
### 7. Food Glorious Food!

### 8. Questions?



# Why is a residential so important?

- Builds lasting relationships (between children and with teachers) which foster a sense of pride and belonging
- Boosts self-confidence and creativity which supports academic learning
- Creates resilience – the capability to deal with set-backs, “bounce-back ability” and adapt to new challenges, “bounce-beyond ability”
- Health-giving benefits, physical fitness and psychological wellbeing
- Allows cross-curricular opportunities – builds bridges between real life experiences in the outdoors to learning subjects in the classroom
- Challenges are matched to abilities which create a real sense of personal accomplishment
- Experience greenspaces and nature, appreciation and care for the environment



**“In essence, outdoor adventure residential programmes represent an essential rite of passage for young people; building experiences, skill-sets and friendships that can last a life-time.”**

**Dr John Allan**



# Learning Outcomes

Our programmes are designed to specifically meet your needs and link back to the core curriculum as well as developing environmental awareness and improve both mental and physical wellbeing.



We use...

Play  
Discovery

Exploring  
Challenging

Adrenaline  
Reflection

...to deliver...

Mental & Physical  
Wellbeing  
Curriculum Links

Environmental  
Awareness  
Improved Attainment

...and achieve  
our learning outcomes.

**CONFIDENCE!** **LIFE SKILLS** **RESILIENCE**

# Why PGL?

PGL School Adventures; Where Learning Is Brought To Life Beyond The Classroom & Every Day Is A New Adventure...



\*Outdoor education experts with 65+ years' experience.



\*Each PGL centre has dedicated SENCO teams, Safeguarding Leads and Welfare Officers, with every staff member undertaking enhanced DBS checks and safeguarding training.



\*They provide their guests with more than 25 core activities – the widest range in the industry.



\*Value for money.

# Welcome to Grosvenor Hall

Kennington, Ashford, TN25 4AJ





# Your centre

A complete indoor and outdoor education facility set in the grounds of a former manor house in Ashford, Kent. One of our largest centres, Grosvenor Hall has 50 acres of adventure and recreational facilities.

From the moment you enter the gates, you are immersed in the high-adrenaline excitement of the centre as you pass the adventure park and our lake that offers a high range of water activities such as canoeing and raft building! As you explore the centre our guests continue to discover everything Grosvenor Hall has to offer including a 25,000 sq. ft sports hall which caters for a wide range of indoor activities.



# Highlights of Grosvenor Hall



3G SWING



ARCHERY



BUGGY BUILDING



# Highlights of Grosvenor Hall



CLIMBING



LASER



NIGHTLINE





# Safety First

We know how daunting it can be letting your child go on a residential visit, so we do everything we can to make it a safe and enjoyable experience for everyone.

Our **policies and procedures** ensure that the highest safety standards are maintained at all times including:

- Ongoing **safety and first aid training** for all our teams
- **Equipment checks** before every session
- **Qualified first-aiders** on centre 24/7
- All our staff are **fully DBS checked**

We create a warm, supportive environment so children quickly feel at home. **All of our activities are progressive**, allowing them to join in at whatever level they're comfortable with.

We've found the best way to help children cope with being away from home is to keep them busy, having fun from dawn 'til dusk!





# Risk assessment & emergency procedures

Information can be found here:

[Code of practice, safety management, safeguarding policy](#)

<https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>

## **Emergency procedure**

We have trained first aiders on site and procedures in place just in case an emergency should occur. Where appropriate and required emergency services would be contacted, however please ensure that you have sufficient cash with you on site in the event you need to take any member of your party to hospital by taxi. William Harvey Hospital - Please speak to Reception to get an estimated cost for the taxi return.

## **Fire safety**

We'll take all groups through a fire drill on arrival day, or within 24 hours of arriving on site so everyone knows exactly what to do in the event of an emergency. If the fire alarm sounds, our priority is to evacuate the building and account for every occupant as soon as possible.

To do this, we'll need your help. When we send your dormitory allocations and agree your provisional programme, we'll ask you to split your students into activity groups of no more than 15. If there's a fire alarm students will line up in front of their allocated activity group number or letter to be counted. Before arrival, you'll need to compile a list of the pupils in each activity group, along with the room they're staying in.

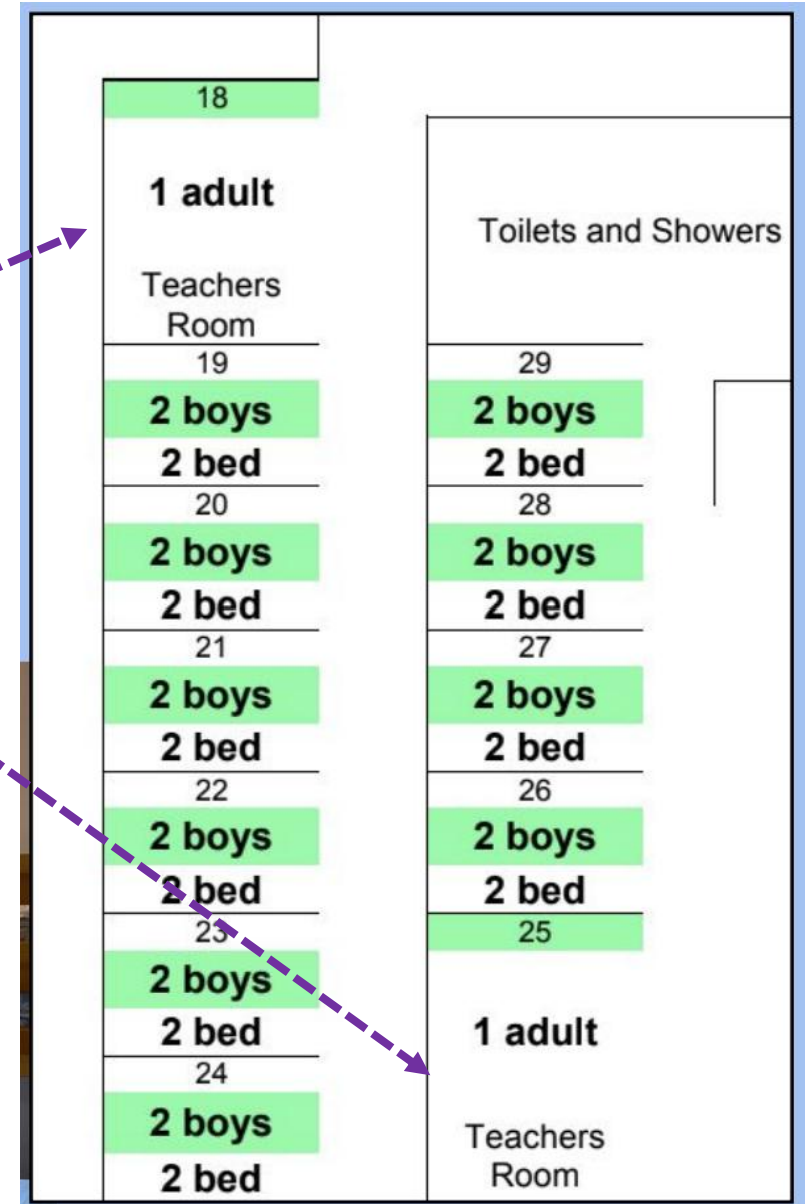
Please also nominate at least one adult to each group. This adult won't have to stay with the group for all activities but will be responsible for counting heads and reporting to our Fire Marshall. Included is a blank form which you can photocopy and use for your group lists. Please note, nominated adults should give us a copy of their group's list on arrival so we have a spare and they'll need to keep a copy with them at all times. If there are more adults than activity groups in your party, please add additional adults to the fire lists so we can account for them.





# Sleeping

- Standard dormitory style accommodation
- Rooms of up to 8.
- Some have en-suite facilities.
- Gender separated bedrooms/ bathrooms/ shower facilities.
- Duvets and pillows are provided.
- Adult rooms are placed at the end of each corridor.





# Food Glorious Food

## **Tasty healthy meals**

We have spent time reviewing, discussing and tasting our menus to ensure they give a balanced variety of nutritious dishes and have a wide appeal for hungry tummies.

To keep our young adventurers going during their packed itinerary, we serve three freshly prepared, healthy, buffet-style meals each day, with plenty of variety available - including hot and cold meals, a salad bar and plenty of water available at all times.

We can also cater for most faith and dietary requirements, which we'll ask party organisers about before your child arrives on the centre.



- Children will be provided with breakfast, lunch and dinner throughout their stay.
- Canteen style model – similar to what we have in school.
- Vegetarians, Vegans and other dietary requirements are catered for.



# Salad Bar





## Self Service Area



# Sample Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
grilled back bacon	grilled herb pork sausages	grilled back bacon	grilled herb pork sausages	grilled back bacon
Vegan/Vegetable Sausages	Vegan/Vegetable Sausages	Vegan/Vegetable Sausages	Vegan/Vegetable Sausages	Vegan/Vegetable Sausages
baked beans	baked beans	baked beans	baked beans	baked beans
hash browns	hash browns	hash browns	hash browns	hash browns
scrambled	scrambled	scrambled	scrambled	scrambled
mixed fruit yogurt	mixed fruit yogurt	mixed fruit yogurt	mixed fruit yogurt	mixed fruit yogurt
assorted cereal	assorted cereal	assorted cereal	assorted cereal	assorted cereal
fruit Basket	fruit Basket	fruit Basket	fruit Basket	fruit Basket
Jams & Spreads	Jams & Spreads	Jams & Spreads	Jams & Spreads	Jams & Spreads
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>Beef Bolognese</b>	<b>Pork Hot Dogs</b>	<b>Chicken bites</b>	<b>Jacket potato Day</b>	<b>Sausage Rolls</b>
Spagetti Pasta	Fried Onions	G/F FISH	beef Chilli	
Garlic Bread	Hot Dog Roll + G/F Rolls	peas/beans	coleslaw	<b>CHEESEY PIZZA</b>
<b>Macaroni and Cheese</b>		Seasoned Wedges	Baked Beans	Baked Beans
Grated Cheese	G/F Wedges		<b>Tomato Meatballs</b>	Steamed Peas
Tomato Sauce	<b>Popcorn Chicken</b>		<b>penne pasta</b>	Thick cut Chips
	Sweet Chili Sauce		saute pots	
	Grated Chesse			
vegan Bolognese	Vegan sausages	Vegan Sausage Rolls	<b>Vegan Meatball Pasta</b>	Vegan Burgers
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes		Jacket Potatoes
Beans/Cheese	Beans/Cheese	Beans/Cheese	Beans/Cheese	Beans/Cheese
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
<b>Beef Burgers</b>	<b>tomato n herb chicken</b>	<b>Sweet n Sour Pork</b>	<b>Italian Chicken</b>	<b>Oriental Chicken</b>
Burger Buns	Sauté Potatoes	Steamed Rice	roasted Peppers	Steamed Vegetable Rice
<b>Chicken Quarter Pounder</b>	Steamed Peas	Oriental Veg	Wedges	Steamed Peas
Sliced Burger Cheese	Cauliflower	Green Beans	Ratatouille	Corn on the Cob
Steamed Peas	<b>Sweet Chili Beef</b>	<b>Amarican Chicken Steak</b>	<b>Cottage Pie</b>	<b>Cumbeland Sausage</b>
Thick cut Chips	Vegetable rice	Diced potatoes	Gravy	Mash Pots
				Gravy
<b>BBQ vegan Fillet</b>				<b>Vegetable / Vegan Cottage Pie</b>
	Sweet Chili Vegetables	Vegan Buttermilk Fillet	Vegetable Ratatouille	

# Travel Arrangements



## Travelling to and from the venue

This year, some parents requested how much it would be for a number of children to travel to the venue by coach. We provided this and it was agreed that we would book the coach for the parents that wanted to pay for this, **at an additional cost of £12** (this was the price quoted for this year).

**Children to arrive at school for 8:15am. The coach will be leaving school at 9am.**

## Most parents drop off and pick up

- Parents to drop off and collect their children from Grosvenor Hall (**Kingswood Grosvenor Hall, Kennington, Ashford TN25 4AJ**).
- **Children should be arrive at Kingswood for 10am.**
  - *Children are not required to come to school beforehand.*
- Mr Lang will be at the main reception.



## School Minibus

For parents that do not drive, or will have difficulty dropping/ picking up their children, we have **a small number of places** available on the school minibus.

# Staffing & Communication



- Which adults are going?
  - **TBC**
- Mr Lang will have the school mobile phone on him at all times:
  - **Mr Lang** will use the phone to contact parents, if necessary.
  - Parents should only call this number **in the event of an emergency.**
- **Facebook posts** will be updated throughout the stay.



# Costings

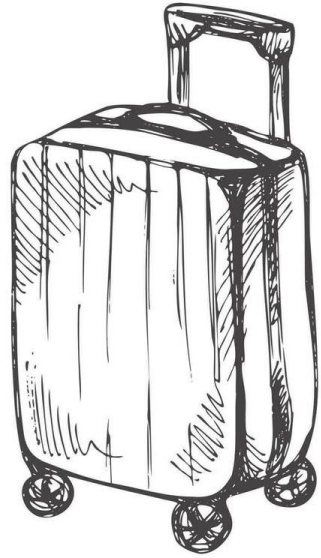


- Early bird arrival price = **£335**
  - X2 nights (Monday & Tuesday night and Wednesday morning)
  - Accommodation and bedding
  - Breakfast, lunch and dinner
  - Trained instructors
- Payment Plan
  - **£40 – due by 20/6/25**
  - **£50 – due by 20/7/25**
  - **£50 – due by 20/8/25**
  - **£50 – due by 20/9/25**
  - **£50 – due by 20/10/25**
  - **£50 – due by 20/11/25**
  - **£45 – due by 20/12/26**

**Total = £335**



- You can **pay in full or incrementally**, as long as the payments are made by each date.
- **All payments are non-refundable.**
- The first payment **will secure your child's place on the trip.**
- After this date, children wishing to attend will need to be agreed to ensure that sufficient places are available.
- All payments are payable via the **School Money App.**



3 x underwear (spares if needed)

3 x pairs of socks

Trainers you are happy to get dirty (possibly a spare pair in case of wet weather). **Sandals and crocs are not permitted on activities**

3 x shorts or trousers (**shorts must not be hot pants or 'short shorts' as these are not permitted on activities**). **You must bring at least one pair of trousers as some activities require this.**

3 x t-shirts (**no vest tops or crop tops as these are not permitted on activities**). **You must bring at least one long sleeve top as some activities require long sleeves.**

1 or 2 hoodies/jumpers

Waterproof jacket

Bath towel

Outfit for the disco

Pyjamas. You can bring optional slippers and a cuddly toy if you would like to.

Toiletries (**no aerosols as it sets off Kingswood fire alarms**)

Sun cream and sun hat (sun glasses if you wish to bring them, but they are not essential)

Named refillable water bottle

Optional book and playing cards (there will not be much time in rooms, but you may want to bring if there is any free time)

A backpack/rucksack to carry your water bottle, jacket etc around the site (**your school bag will be fine**)

£5 pocket money (in a named purse or wallet)

Plastic bag for dirty clothes

**We do not have any water activities, so you do not need to bring swimwear or a swimming towel**



#### Please do not bring

Mobile phones, expensive cameras, electronic games, iPods or MP3 players, expensive or much cherished jewellery, expensive favourite clothing or shoes. Kingswood can't accept liability for the loss, theft or damage of any personal property your child may bring.





# Behaviour Expectations

## Pupil Code of Conduct for Residential Trip to Grosvenor Hall

1. Consideration, courtesy and respect should be shown at all times to staff (St Katherine's Staff and Kingswood) as well as other pupils (from St Katherine's and other schools present on the site).
2. Children should ensure that when walking around the centre:
  - They are either accompanied by an adult or have asked the permission of a teacher/adult from St Katherine's to go with a group of children (no less than three children at a time).
  - They do not go off on their own (at any time).
3. Children should behave responsibly within their rooms and keep them tidy for the safety and consideration of others.
4. If children require the assistance of adults during the evening/night, they should go directly to their designated adult's room. Adult rooms will be identified on arrival.
5. Children should not go into other rooms or allow other individuals into their own. Only members of St Katherine's staff (and cleaners during the day) will be permitted access into children's room. If somebody knocks onto a room, the children should always **ask who is there and wait for a reply** from a teacher/adult from St Katherine's before opening their door.

In the event that the above **Code of Conduct** is not followed and group leaders have concerns about the safety or behaviour of children, this may result in a child being removed from an activity for a period of time or parents being contacted.

Please confirm that **both you and your child** have read and agreed the Pupil Code of Conduct for Residential Trip to Grosvenor Hall by ticking the relevant box on the electronic form you have received.



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Questions?

